

Here is my mother's recipe for meatloaf, a staple in my house growing up.

3 slices bread

1 cup milk

1 egg

1 1/2 lb. ground beef

1/4 c. minced onion

1 1/4 tsp. salt

1/4 tsp. each of pepper, dried mustard, sage, celery salt, garlic salt

1 tbsp. Worcestershire sauce

Heat oven to 350. Tear bread into large mixing bowl, add milk and egg. Add meat and seasonings; mix thoroughly. Form lightly into a loaf and place in a shallow baking pan. Bake 1 hour. Makes 6-8 servings. Can also be made into patties and cooked on the grill.