Noodles Romanoff

12oz egg noodles, cooked

16oz cottage cheese

2 cloves garlic, minced

2tsp Worcestershire sauce

16oz light sour cream

1 bunch green onions, sliced

1/2 tsp Tabasco sauce

1cup grated Parmesan cheese

Preheat oven 350

In saucepan, sauté the onion in butter until tender

Grease 13"x 9" casserole pan. Mix all of the ingredients together and bake uncovered 30-40 minutes

Serve with Parmesan Chicken