



New Hampshire Passages

Granite State Gold

Pure maple syrup is a natural sweetener which is graded according to color. Grade-A light amber, the lightest, having the most delicate flavor, is produced from the first run. The flavor intensifies with the color to Grade B, which is used in cooking.

Maple syrup-covered pancakes is an extreme breakfast in these days of calorie counting, but in the dreary days of March, the comfort of a hearty meal (and the glucose rush from carbohydrates) is worth every calorie.

Sugar off with The Ultimate Pancake Recipe

- 1 1/2 cups all-purpose flour
- 3 tablespoons sugar
- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 cup buttermilk
- 1 cup sour cream
- 2 large eggs
- 3 teaspoons vanilla extract
- 2 tablespoons unsalted, melted butter

Pecan topping:

- 1 cup pecans, chopped
 - 1 cup brown sugar
 - rest of stick of butter
- Mix together with pastry blender.

Whisk first five ingredients in large bowl. Whisk buttermilk, sour cream, eggs, melted butter, and vanilla in another large bowl. Add to dry ingredients. Stir until batter is just blended but still lumpy (batter will be stiff, do not over-mix).

Making one pancake at a time, pour batter by 1/3-cupfuls onto griddle or frying pan.

Heat until bubbles break on surface, about three minutes. The pancake will wrinkle with about 1/3 cup of the pecan topping and press in lightly. Turn pancakes over carefully.

Heat one minute or less to caramelize sugar and butter, being careful not to scorch the sugar. Turn pan upside down to transfer pancakes to plates. Keep pancakes warm in the oven until ready to serve.

Serve pancakes immediately with maple syrup.

Makes about six 5" pancakes



Patti Page's Sweet Success.

Maple syrup, maple cream, maple sugar, and pancake mixes are part of a product line by singer Patti Page and her husband, Jerry. To hear "Patti's Maple Song" or to order a treat like cranberry pancake mix from their Filiciotto Hilltop Farm in Woodsville, visit www.pattip.com.

A Taste of New Hampshire's Maple Syrup

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