

Yogurt Chicken

3 chicken breasts – skinless and boneless

1 cup yogurt

1 clove garlic, crushed

1½ cups bread crumbs

9 Tbsp. Parmesan cheese

¼ cup chopped parsley

1/8 tsp. pepper

2 Tbsp. butter

Pre heat oven to 350 degrees.

Wash chicken and dry thoroughly with paper towels. Place chicken on large plate and pour yogurt over it, turning so pieces will be well coated. Let set for 30 minutes, turning occasionally.

Combine garlic, bread crumbs, cheese, salt, pepper and parsley. Spread on waxed paper. Roll chicken in mixture, coating thoroughly.

Place chicken in greased oven proof dish. Dot with butter. Bake 45 minutes. Do not turn. (*Prep time: 20 minutes*)